

Medical Appointment Planner / Notes

For patient or carer completion

Before the Appointment Name of Practitioner

Location or phone consult.

Time

date.

What I want to discuss:

How long have I been affected and what impact is it having on me:

Current Medication and any other treatment I am having:

Questions and Notes at the appointment

Diagnosis - am I being prescribed any new medication or treatment, if so can I take this alongside my current medication.

Are there any tests to book or do I need any follow-up appointments - How will this be arranged?

Do you have any written information for me?

Is there anything I can do to help myself?

Who should I contact if there's a problem and how should I make that contact?
(eg General Practice, Hospital, 111 or 999).

The CGHB Patient Participation Group provided this document to support your appointment.
There are also **Self Help Opportunities, Local Services and Support Information** at
www.cghppg.weebly.com/Health-and-wellbeing